Lévy's inequality, Rademacher sums, and Kahane's inequality

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1 Lévy's inequality

Let (Ω, \mathscr{A}, P) be a probability space. A **random variable** is a Borel measurable function $\Omega \to \mathbb{R}$. For a random variable X, we denote by X_*P the pushforward measure of P by X. X_*P is a Borel probability measure on \mathbb{R} , called the **distribution of** X. A random variable X is called **symmetric** when the distribution of X is equal to the distribution of X. Because the collection $\{(-\infty, a] : a \in \mathbb{R}\}$ generates the Borel σ -algebra of \mathbb{R} , the statement that $X_*P = (-X)_*P$ is equivalent to the statement that for all $a \in \mathbb{R}$,

$$P(\{\omega \in \Omega : X(\omega) \le a\}) = P(\omega \in \Omega : -X(\omega) \le a\}).$$

The following is **Lévy's inequality**.¹

Theorem 1 (Lévy's inequality). Suppose that χ_k , $k \geq 1$, are independent symmetric random variables, that U is a real or complex Banach space, and that $u_k \in U$, $k \geq 1$. Then for each a > 0 and for each $n \geq 1$,

$$P\left(\max_{1\leq k\leq n}\left\|\sum_{1\leq j\leq k}\chi_{j}u_{j}\right\|\geq a\right)\leq 2\cdot P\left(\left\|\sum_{1\leq j\leq n}\chi_{j}u_{j}\right\|\geq a\right).$$

Proof. Let $S_0 = 0$ and for $1 \le k \le n$,

$$S_k(\omega) = \sum_{j=1}^k \chi_j(\omega) u_j, \qquad \omega \in \Omega.$$

For $1 \leq k \leq n$, the function $\omega \mapsto (\chi_1(\omega), \dots, \chi_k(\omega))$ is Borel measurable $\Omega \to \mathbb{R}^k$. The function $(t_1, \dots, t_k) \mapsto \sum_{j=1}^k t_j u_j$ is continuous $\mathbb{R}^k \to U$. And

¹ Joe Diestel, Hans Jarchow, and Andrew Tonge, *Absolutely Summing Operators*, p. 213, Theorem 11.3

²Charalambos D. Aliprantis and Kim C. Border, *Infinite Dimensional Analysis: A Hitch-hiker's Guide*, third ed., p. 152, Lemma 4.49.

the function $u \mapsto ||u||$ is continuous $U \to \mathbb{R}$. Therefore $\omega \mapsto ||S_k(\omega)||$, the composition of these functions, is Borel measurable $\Omega \to \mathbb{R}$. This then implies that $\omega \mapsto \max_{1 \le k \le n} ||S_k(\omega)||$ is Borel measurable $\Omega \to \mathbb{R}$. Let

$$A = \{\omega \in \Omega: \max_{1 \leq k \leq n} \|S_k(\omega)\| \geq a\}, \quad B = \{\omega \in \Omega: \|S_n(\omega)\| \geq a\},$$

for which $B \subset A$. For $1 \le k \le n$, let

$$A_k = \bigcap_{0 \le j < k} \{ \omega \in \Omega : ||S_j(\omega)|| < a \text{ and } ||S_k(\omega)|| \ge a \}.$$

It is apparent that that A_1, \ldots, A_n are pairwise disjoint and that $A = \bigcup_{k=1}^n A_k$. For $1 \le k \le n$, let

$$T_{n,k}(\omega) = S_k(\omega) - \sum_{j=k+1}^n \chi_j(\omega) u_j = \sum_{j=1}^k \chi_j(\omega) u_j - \sum_{j=k+1}^n \chi_j(\omega) u_j, \qquad \omega \in \Omega,$$

in other words, $S_n + T_{n,k} = 2S_k$. Let

$$U_k = A_k \cap B, \qquad V_k = A_k \cap \{\omega \in \Omega : ||T_{n,k}(\omega)|| \ge a\}.$$

If $\omega \in A_k$, then

$$||S_n(\omega) + T_{n,k}(\omega)|| = 2 ||S_k(\omega)|| \ge 2a,$$

which implies that at least one of the inequalities $||S_n(\omega)|| \ge a$ or $||T_{n,k}(\omega)|| \ge a$ is true. Therefore

$$A_k = U_k \cup V_k$$
.

Because χ_1, \ldots, χ_n are independent, the random vector $X = (\chi_1, \ldots, \chi_n)$: $\Omega \to \mathbb{R}^n$ has the pushforward measure

$$X_*P = \chi_{1*}P \times \cdots \times \chi_{n*}P,$$

and for each $1 \leq k \leq n$, the random vector $X_k = (\chi_1, \dots, \chi_k, -\chi_{k+1}, \dots, -\chi_n)$: $\Omega \to \mathbb{R}^n$ has the pushforward measure

$$X_{k*}P = \chi_{1*}P \times \cdots \chi_{k*}P \times (-\chi_{k+1})_*P \times \cdots (-\chi_n)_*P,$$

and because each χ_j is symmetric, these pushforward measures are equal. Define $\sigma_k: \mathbb{R}^k \to \mathbb{R}$ by

$$\sigma_k(t_1,\ldots,t_k) = \left\| \sum_{j=1}^k t_j u_j \right\|, \qquad (t_1,\ldots,t_k) \in \mathbb{R}^k,$$

define $\sigma_0 = 0$, and set

$$H_k = \left(\bigcap_{0 \le j < k} \{ (t_1, \dots, t_n) \in \mathbb{R}^n : \sigma_j(t_1, \dots, t_j) < a \} \right)$$

$$\cap \{ (t_1, \dots, t_n) \in \mathbb{R}^n : \sigma_k(t_1, \dots, t_k) \ge a, \sigma_n(t_1, \dots, t_n) \ge a \}.$$

Because each σ_j is continuous, H_k is a Borel set in \mathbb{R}^n . Then we have

$$\begin{split} P(U_k) &= P(A_k \cap B) \\ &= P(X^{-1}(H_k)) \\ &= (X_*P)(H_k) \\ &= (X_k*P)(H_k) \\ &= P(X_k^{-1}(H_k)) \\ &= P(A_k \cap \{\omega \in \Omega : \|T_{n,k}(\omega)\| \ge a\}) \\ &= P(V_k); \end{split}$$

among the above equalities, the two equalities that deserve chewing on are

$$P(A_k \cap B) = P(X^{-1}(H_k))$$
 and $P(X_k^{-1}(H_k)) = P(A_k \cap \{\omega \in \Omega : ||T_{n,k}(\omega)|| \ge a\}).$

Thus we have

$$P(A_k) = P(U_k \cup V_k) \le P(U_k) + P(V_k) = 2P(U_k) = 2P(A_k \cap B).$$

Therefore

$$P(A) = \sum_{k=1}^{n} P(A_k)$$

$$\leq \sum_{k=1}^{n} 2P(A_k \cap B)$$

$$= 2P(A \cap B)$$

$$= 2P(B),$$

proving the claim.

2 Rademacher sums

Suppose that $\epsilon_n: (\Omega, \mathscr{A}, P) \to (\mathbb{R}, \mathscr{B}_{\mathbb{R}}, \lambda), n \geq 1$, are independent random variables each with the **Rademacher distribution**: for each n,

$$\epsilon_{n*}P = \frac{1}{2}\delta_{-1} + \frac{1}{2}\delta_{1},$$

in other words, $P(\epsilon_n = 1) = \frac{1}{2}$ and $P(\epsilon_n = -1) = \frac{1}{2}$.

We now use Lévy's inequality to prove the following for independent random variables with the Rademacher distribution.³

 $^{^3{\}rm Joe}$ Diestel, Hans Jarchow, and Andrew Tonge, Absolutely Summing Operators, p. 214, Lemma 11.4.

Theorem 2. Suppose that X is a real or complex Banach space, and that $x_k \in X$, $k \ge 1$. Then for each a > 0 and for each $n \ge 1$,

$$P\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\| \ge 2a\right) \le 4\left(P\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\| \ge a\right)\right)^2.$$

Proof. Let $S_0 = 0$ and for $1 \le k \le n$, define

$$S_k(\omega) = \sum_{1 \le j \le k} \epsilon_j(\omega) x_j, \qquad \omega \in \Omega.$$

Let

$$A = \left\{ \max_{1 \le k \le n} \|S_k\| \ge a \right\}, \quad B = \{\|S_n\| \ge a\}, \quad C = \{\|S_n\| \ge 2a\}.$$

Lévy's inequality tells us that $P(A) \leq 2P(B)$.

For $1 \le k \le n$, let

$$A_k = \bigcap_{0 \le j \le k} \{ \|S_j\| < a \} \cap \{ \|S_k\| \ge a \}$$

and

$$C_k = \{ ||S_n - S_{k-1}|| \ge a \}.$$

If $\omega \in A_k \cap C$, then

$$||S_n(\omega) - S_{k-1}(\omega)|| \ge ||S_n(\omega)|| - ||S_{k-1}(\omega)|| \ge 2a - a = a,$$

hence $A_k \cap C \subset C_k$. Then because $C \subset A$ and because A is the disjoint union of A_1, \ldots, A_n ,

$$P(C) = P(A \cap C) = P\left(\bigcup_{k=1}^{n} (A_k \cap C)\right) = \sum_{k=1}^{n} P(A_k \cap C) \le \sum_{k=1}^{n} P(A_k \cap C_k).$$

Let $1 \le k \le n$. $P(\epsilon_k^2 = 1) = 1$, so for almost all $\omega \in \Omega$,

$$\left\| \sum_{j=k}^{n} \epsilon_{j}(\omega) x_{j} \right\| = \left\| \epsilon_{k}(\omega) \sum_{j=k}^{n} \epsilon_{j}(\omega) x_{j} \right\| = \left\| x_{k} + \sum_{j=k+1}^{n} \epsilon_{k}(\omega) \epsilon_{j}(\omega) x_{j} \right\|.$$

Thus, for

$$D_k = \left\{ \left\| x_k + \sum_{j=k+1}^n \epsilon_k \epsilon_j x_j \right\| \ge a \right\},\,$$

we have

$$P(C_k \triangle D_k) = 0.$$

Let $(\delta_1, \ldots, \delta_n) \in \{+1, -1\}^n$. On the one hand, because $\delta_j^2 = 1$ and using that $\epsilon_1, \ldots, \epsilon_n$ are independent,

$$P(\epsilon_1 = \delta_1, \dots, \epsilon_k = \delta_k, \epsilon_k \epsilon_{k+1} = \delta_{k+1}, \dots, \epsilon_k \epsilon_n = \delta_n)$$

$$= P(\epsilon_1 = \delta_1, \dots, \epsilon_k = \delta_k, \epsilon_{k+1} = \delta_k \delta_{k+1}, \dots, \epsilon_n = \delta_k \delta_n)$$

$$= P(\epsilon_1 = \delta_1) \cdots P(\epsilon_k = \delta_k) P(\epsilon_{k+1} = \delta_k \delta_{k+1}) \cdots P(\epsilon_n = \delta_k \delta_n)$$

$$= 2^{-n}.$$

On the other hand, for $k+1 \le j \le n$ we have

$$\begin{split} &P(\epsilon_k \epsilon_j = \delta_j) \\ &= P(\epsilon_k \epsilon_j = \delta_j | \epsilon_k = 1) P(\epsilon_k = 1) + P(\epsilon_k \epsilon_j = \delta_j | \epsilon_k = -1) P(\epsilon_k = -1) \\ &= \frac{1}{2} P(\epsilon_j = \delta_j) + \frac{1}{2} P(\epsilon_j = -\delta_j) \\ &= \frac{1}{2} \cdot \frac{1}{2} + \frac{1}{2} \cdot \frac{1}{2} \\ &= \frac{1}{2}, \end{split}$$

and hence

$$P(\epsilon_1 = \delta_1) \cdots P(\epsilon_k = \delta_k) P(\epsilon_k \epsilon_{k+1} = \delta_{k+1}) \cdots P(\epsilon_k \epsilon_n = \delta_n) = 2^{-n}.$$

Therefore, for each $1 \le k \le n$ and for each $(\delta_1, \ldots, \delta_n) \in \{+1, -1\}^n$,

$$P(\epsilon_1 = \delta_1, \dots, \epsilon_k = \delta_k, \epsilon_k \epsilon_{k+1} = \delta_{k+1}, \dots, \epsilon_k \epsilon_n = \delta_n)$$

= $P(\epsilon_1 = \delta_1) \cdots P(\epsilon_k = \delta_k) P(\epsilon_k \epsilon_{k+1} = \delta_{k+1}) \cdots P(\epsilon_k \epsilon_n = \delta_n).$

But for almost all $\omega \in \Omega$,

$$(\epsilon_1(\omega),\ldots,\epsilon_k(\omega),\epsilon_k(\omega)\epsilon_{k+1}(\omega),\ldots,\epsilon_k(\omega)\epsilon_n(\omega)) \in \{+1,-1\}^n,$$

so it follows that

$$\epsilon_1, \ldots, \epsilon_k, \epsilon_k \epsilon_{k+1}, \ldots, \epsilon_k \epsilon_n$$

are independent random variables. We check that $A_k \in \sigma(\epsilon_1, \ldots, \epsilon_k)$ and $D_k \in \sigma(\sigma_k \sigma_{k+1}, \ldots, \sigma_k \sigma_n)$, and what we have just established means that these σ -algebras are independent, so

$$P(A_k \cap D_k) = P(A_k)P(D_k).$$

But

$$A_k \cap (C_k \triangle D_k) = (A_k \cap C_k) \triangle (A_k \cap D_k),$$

so, because $P(C_k \triangle D_k) = 0$,

$$P(A_k \cap C_k) = P(A_k \cap D_k) = P(A_k)P(D_k) = P(A_k)P(C_k).$$

We had already established that $P(C) \leq \sum_{k=1}^{n} P(A_k \cap C_k)$. Using this with the above, and the fact that A is the disjoint union of A_1, \ldots, A_n , we obtain

$$\begin{split} P(C) &\leq \sum_{k=1}^{n} P(A_k \cap C_k) \\ &= \sum_{k=1}^{n} P(A_k) P(C_k) \\ &\leq \left(\sum_{k=1}^{n} P(A_k)\right) \max_{1 \leq k \leq n} P(C_k) \\ &= P\left(\bigcup_{k=1}^{n} A_k\right) \max_{1 \leq k \leq n} P(C_k) \\ &= P(A) \max_{1 \leq k \leq n} P(C_k). \end{split}$$

As we stated before, we have from Lévy's inequality that $P(A) \leq 2P(B)$, with which

$$P(C) \le 2P(B) \max_{1 \le k \le n} P(C_k).$$

To prove the claim it thus suffices to show that

$$\max_{1 \le k \le n} P(C_k) \le 2P(B).$$

Let $1 \leq k \leq n$. For $\delta = (\delta_1, \dots, \delta_{k-1}) \in \{+1, -1\}^{k-1}$, let let $H_{k,\delta,+}$ be those $(t_1, \dots, t_n) \in \mathbb{R}^n$ such that (i) for each $1 \leq j \leq k-1$, $t_j = \delta_j$, (ii) $\left\|\sum_{j=k}^n t_j x_j\right\| \geq a$, and (iii)

$$\left\| \sum_{j=1}^{n} t_j x_j \right\| \ge a,$$

and let $H_{k,\delta,-}$ be those $(t_1,\ldots,t_n)\in\mathbb{R}^n$ satisfying (i) and (ii) and

$$\left\| \sum_{j=1}^{k-1} t_j x_j - \sum_{j=k}^n t_j x_j \right\| \ge a.$$

Let

$$X = (\epsilon_1, \dots, \epsilon_n) : \Omega \to \mathbb{R}^n$$

and let

$$X_k = (\epsilon_1, \dots, \epsilon_{k-1}, -\epsilon_k, \dots, -\epsilon_n) : \Omega \to \mathbb{R}^n,$$

which have the same distribution because $\epsilon_1, \ldots, \epsilon_n$ are independent and symmetric. Then

$$P(X^{-1}(H_{k,\delta,+})) = (X_*P)(H_{k,\delta,+})$$

$$= (X_{k*}P)(H_{k,\delta,+})$$

$$= P(X_k^{-1}(H_{k,\delta,+}))$$

$$= P(X^{-1}(H_{k,\delta,-})).$$

Set

$$C_{k,\delta,+} = \{ X \in H_{k,\delta,+} \}, \qquad C_{k,\delta,-} = \{ X \in H_{k,\delta,-} \},$$

for which we thus have

$$P(C_{k,\delta,+}) = P(C_{k,\delta,-}).$$

We can write $C_{k,\delta,+}$ and $C_{k,\delta,-}$ as

$$C_{k,\delta,+} = \left(\bigcap_{0 \le j < k} \{\epsilon_j = \delta_j\}\right) \cap C_k \cap \{\|S_n\| \ge a\}$$

and

$$C_{k,\delta,-} = \left(\bigcap_{0 \le j < k} \{\epsilon_j = \delta_j\}\right) \cap C_k \cap \{\|S_n - 2S_{k-1}\| \ge a\}.$$

If $\omega \in C_k$ then, because $||S_n(\omega) - S_{k-1}(\omega)|| \ge a$,

$$2a \le 2 \|S_n(\omega) - S_{k-1}(\omega)\|$$

$$= \|S_n(\omega) + (S_n(\omega) - 2S_{k-1}(\omega))\|$$

$$\le \|S_n(\omega)\| + \|S_n(\omega) - 2S_{k-1}(\omega)\|,$$

so at least one of the inequalities $||S_n(\omega)|| \ge a$ and $||S_n(\omega) - 2S_{k-1}(\omega)|| \ge a$ is true, and hence

$$C_k \subset \{\|S_n\| \ge a\} \cup \{\|S_n - 2S_{k-1}\| \ge a\}.$$

It follows that

$$C_k \cap \left(\bigcap_{0 \le j < k} \{\epsilon_j = \delta_j\}\right) = C_{k,\delta,+} \cup C_{k,\delta,-}.$$

Therefore, using the fact that for almost all $\omega \in \Omega$,

$$(\epsilon_1(\omega),\ldots,\epsilon_{k-1}(\omega))\in\{+1,-1\}^{k-1},$$

and

$$C_{k,\delta,+} = \left(\bigcap_{0 \le j \le k} \{\epsilon_j = \delta_j\}\right) \cap C_k \cap B,$$

we get

$$P(C_k) = \sum_{\delta} P\left(C_k \cap \bigcap_{0 \le j < k} \{\epsilon_j = \delta_j\}\right)$$

$$= \sum_{\delta} P(C_{k,\delta,+} \cup C_{k,\delta,-})$$

$$= 2\sum_{\delta} P(C_{k,\delta,+})$$

$$\leq 2\sum_{\delta} P\left(B \cap \bigcap_{0 \le j < k} \{\epsilon_j = \delta_j\}\right)$$

$$= 2P(B),$$

and thus

$$\max_{1 \le k \le n} P(C_k) \le 2P(B),$$

which proves the claim.

3 Kahane's inequality

By $E(X)^r$ we mean $(E(X))^r$. The following is **Kahane's inequality**.⁴

Theorem 3 (Kahane's inequality). For $0 < p, q < \infty$, there is some $K_{p,q} > 0$ such that if X is a real or complex Banach space and $x_k \in X$, $k \ge 1$, then for each n,

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\|^q\right)^{1/q} \le K_{p,q} \cdot E\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\|^p\right)^{1/p}.$$

Proof. Suppose that $0 ; when <math>p \ge q$ the claim is immediate with $K_{p,q} = 1$. Let

$$M = E\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\|^p\right)^{1/p};$$

if M=0 we check that the claim is $0 \le K_{p,q} \cdot 0$, which is true for, say, $K_{p,q}=1$. Otherwise, M>0, and let $u_k=\frac{x_k}{M}, \ 1 \le k \le n$, for which

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^p\right) = E\left(\left\|\sum_{k=1}^{n} \epsilon_k \frac{x_k}{M}\right\|^p\right) = 1. \tag{1}$$

Using Chebyshev's inequality,

$$P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge 8^{1/p}\right) = P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^p \ge 8\right) \le \frac{1}{8} E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^p\right) = \frac{1}{8}.$$

 $^{^4\}mathrm{Joe}$ Diestel, Hans Jarchow, and Andrew Tonge, Absolutely Summing Operators, p. 211, Theorem 11.1.

Assume for induction that for some $l \geq 0$ we have

$$P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge 2^l \cdot 8^{1/p}\right) \le \frac{1}{4} \cdot 2^{-2^l};\tag{2}$$

the above shows that this is true for l = 0. Applying Theorem 2 and then (2),

$$P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge 2^{l+1} \cdot 8^{1/p}\right) \le 4\left(P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge 2^{l} \cdot 8^{1/p}\right)\right)^2 \le \frac{1}{4} \cdot 2^{-2^{l+1}},$$

which shows that (2) is true for all $l \geq 0$.

Generally, for $0 < q < \infty$, if $X : \Omega \to \mathbb{R}$ is a random variable for which $P(X \ge 0) = 1$, then

$$E(X^q) = \int_0^\infty qs^{q-1}P(X \ge s)ds;$$

the right-hand side is finite if and only if $X \in L^q(P)$. Using this,

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^q\right) = \int_0^\infty q s^{q-1} P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge s\right) ds. \tag{3}$$

Let $\alpha_0 =$ and for $l \geq 1$ let $\alpha_l = 2^{l-1} \cdot 8^{1/p}$, and define

$$f(s) = qs^{q-1}P\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\| \ge s\right), \quad s \ge 0.$$

Using (3) and then (2),

$$\begin{split} E\left(\left\|\sum_{k=1}^{n}\epsilon_{k}u_{k}\right\|^{q}\right) &= \int_{0}^{\infty}f(s)ds\\ &= \int_{0}^{\alpha_{1}}f(s)ds + \sum_{l=0}^{\infty}\int_{\alpha_{l+1}}^{\alpha_{l+2}}f(s)ds\\ &\leq \int_{0}^{\alpha_{1}}qs^{q-1}ds + \sum_{l=0}^{\infty}\int_{\alpha_{l+1}}^{\alpha_{l+2}}qs^{q-1}P\left(\left\|\sum_{k=1}^{n}\epsilon_{k}u_{k}\right\| \geq \alpha_{l+1}\right)ds\\ &\leq \alpha_{1}^{q} + \sum_{l=0}^{\infty}\int_{\alpha_{l+1}}^{\alpha_{l+2}}qs^{q-1}\frac{1}{4}\cdot 2^{-2^{l}}ds\\ &= 8^{q/p} + \frac{1}{4}\sum_{l=0}^{\infty}2^{-2^{l}}(\alpha_{l+2}^{q} - \alpha_{l+1}^{q}), \end{split}$$

and we define $K_{p,q}$ by taking $K_{p,q}^q$ to be equal to the above. Thus

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^q\right)^{1/q} \le K_{p,q},$$

and therefore, by (1),

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^q\right)^{1/q} \le K_{p,q} \cdot E\left(\left\|\sum_{k=1}^{n} \epsilon_k u_k\right\|^p\right)^{1/p}.$$

Finally, as $u_k = \frac{x_k}{M}$,

$$E\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\|^q\right)^{1/q} \le K_{p,q} \cdot E\left(\left\|\sum_{k=1}^{n} \epsilon_k x_k\right\|^p\right)^{1/p},$$

which proves the claim.

In the above proof of Kahane's inequality, for p=1 and q=2 we have

$$\begin{split} K_{1,2}^2 &= 8^2 + \frac{1}{4} \sum_{l=0}^{\infty} 2^{-2^l} (\alpha_{l+2}^2 - \alpha_{l+1}^2) \\ &= 64 + 16 \sum_{l=0}^{\infty} 2^{-2^l} (2^{2l+2} - 2^{2l}) \\ &= 64 + 48 \sum_{l=0}^{\infty} 2^{-2^l} 2^{2l}, \end{split}$$

for which

$$K_{1,2} = 14.006...$$

In fact, the inequality is true with $K_{1,2} = \sqrt{2} = 1.414....^5$

⁵R. Latała and K. Oleszkiewicz, On the best constant in the Khinchin-Kahane inequality, Studia Math. **109** (1994), no. 1, 101–104.